

CLINICAL PASTORAL EDUCATION

Description of the Clinical Setting: Stanford Health Care (SHC) is a 500 bed academic medical center with an international reputation for advanced treatment of complex disorders in areas such as cardiovascular care, cancer treatment, neurosciences, surgery, orthopedics and transplantation. The Stanford University Medical Center is comprised of three world-renowned institutions: Stanford Health Care (SHC), the Stanford University School of Medicine, and the Lucile Packard Children's Hospital Stanford (LPCH). Clinical Pastoral Education (CPE) students provide spiritual care across Stanford Health Care and are on-call for Stanford Hospital and Lucile Packard Children's Hospital Stanford.

About the Program:

Clinical Pastoral Education is interfaith professional education for ministry. It brings theological students and ministers of all faiths (pastors, priests, rabbis, imams and others) into supervised encounter with persons in crisis. Out of an intense involvement with persons in need, and the feedback from peers and teachers, students develop new awareness of themselves as persons and of the needs of those to whom they minister. From theological reflection on specific human situations, they gain a new understanding of ministry. Within the interdisciplinary team process of helping persons, they develop skills in interpersonal and interprofessional relationships.

Three programs of CPE are conducted on the Stanford campus; they are: a supervisory fellowship, a year-long residency, and a single unit internship. The fellowship is at minimum a three year program and is arranged on an individual basis. Both the residency and the internship include, as a full-time weekly schedule: 10-15 hours of individual or group meetings (spiritual care reports, didactics, interpersonal relations seminars and individual supervision); 25-30 hours for direct patient contact, including ministering to family members and staff, attending patient care conferences, participation in the operations of the department; and weekly participation in the on-call schedule. Outside of the clinical and educational schedule, the program requires additional reflection and writing on a weekly basis. The CPE cohort usually has 6 members.

Applications for CPE should be directed to the Clinical Pastoral Education Program, Spiritual Care Service, Stanford Hospital and Clinics.

www.SpiritualCare.stanfordhealthcare.org

Program participants are part of the university community at Stanford, and we are located on campus and have direct access to its extensive resources and facilities. While the assigned care area will be at SHC, CPE chaplains are included in on-call coverage (evening and weekends) at LPCH. Each clinical setting offers an extensive range of specialties and medical education typical of major teaching hospitals.

A CPE application may be downloaded from our Stanford Health Care website. All submitted applications include a processing fee of \$30 (check made payable to Stanford

Hospital Spiritual Care Service). Applications will be reviewed by our faculty and decisions about next steps will be made within two weeks.

CPE Residency: A year- long residency begins in September, the Wednesday after Labor Day, and concludes the fourth weekend of the following August. The program is designed to provide participants with opportunities for Level I, and II CPE. Graduates receive four units of CPE credit. Prerequisites include a completed application, graduate level proficiency in English, four years of college education, endorsement by faith group/spiritual community, and prior ministry experience. One year of divinity school or theological education is encouraged. There is a \$33,000/year stipend to offset educational expenses and health insurance. An additional on-call stipend is provided, allowing students to earn up to an additional \$7,000 through on call. Tuition for the program is five hundred dollars (\$500.00) for the first unit and four hundred dollars (\$400.00) for each successive unit.

CPE Internship: A one unit internship is offered throughout the year by arrangement. The Summer internship begins the first week of June and concludes the third weekend of August. Prerequisites include a completed application, graduate level proficiency in English, college education, affiliation with a spiritual community/faith group. Prior ministry experience and one year of divinity school or theological education is encouraged. A small stipend is paid for each overnight on-call. Tuition is five hundred dollars (\$500.00). Graduates receive one certified unit of CPE allowable for course credit in most graduate programs of divinity and theology.

Supervisory Training: Supervisory training is specialized training post residency that is designed to certify ACPE Supervisors. Supervisory fellows progress through the various levels of ACPE Certification including readiness, Supervisory Candidacy, Certification of Supervisory position papers, and Associate Certification. Prerequisites include a completed application, successful completion of Level I and II CPE, Master of Divinity degree or equivalency, ordination or equivalency, prior chaplaincy experience. Certification as a chaplain by one of the five cognate groups and chaplaincy experience at an academic medical center is encouraged.

Frequently Asked Questions:

- **What is the tuition for CPE?**
Tuition for the Residency and Internship is five-hundred dollars (\$500.00) for the first unit and four-hundred dollars (\$400.00) for each consecutive unit.
- **Who will supervise the CPE units? (i.e., does the Center have supervisors-in-training who will be doing supervision, and what will be their responsibilities compared to those of the training supervisors?)**

The Stanford CPE program is directed by an ACPE Inc. CPE Supervisor who is certified to supervise level I, II, and Supervisory CPE. The ACPE Supervisor directs the CPE program, supervises Supervisory Education Students, and participates in the supervision of residents and interns either through direct supervision, co-supervision or observation of Supervisory Education Students.

The supervisory fellows at Stanford are involved in supervision of the residency and internship at SHC within the ACPE Standards for supervisory education. Generally this process progresses from observation to co-supervision to direct supervision of a unit of CPE under the guidance of the certified supervisor. Interns and residents at Stanford will need to sign a waiver for supervision by a Supervisory Education Student and consent to being video-taped during the student supervised practicum.

- **What is the style of CPE supervision at this center?**
A pastoral and collaborative learning style, seeking to identify and support the goals each student brings to the program.
- **How much time is spent on the floors (clinical) and in structured education (pastoral care labs)?**
In general, students spend approximately twenty five (25) hours providing direct patient, family, and staff care, and fifteen (15) hours each week in structured education. In addition, on-call is a twenty four (24) hour clinical shift that is scheduled no more than once each week. Participants have case studies and reflections to prepare as home-work.
- **Is there housing and stipend provided?**
Housing assistance is not available for the CPE program and students are required to secure their own housing. This is often discussed in the interview. SHC is accessible by train and bus. Students take on-call on-site so commuting is possible. The Residency provides a stipend of \$33,000 per year plus the option to earn another \$7,000 through on-call. The internship has a small on-call stipend.
- **Is there on-call and how much time does on-call require?**
The CPE residents provide most of the on call for Stanford Health Care and Lucile Packard Children's Hospital Stanford. On-call involves remaining on premises, carrying the on-call pager and responding to pages and codes. During the daytime hours, the on-call chaplain will triage calls to the appropriate chaplain on-premises. From 5:00 p.m. to 9:00 a.m. the on call chaplain will respond to pages in-person. On-call is no more than once a week. A small stipend is provided for the on-call service.
- **How is the choice of clinical assignment made?**
Clinical assignments take into consideration the needs of the nursing units, the stated learning goals of the student, the student's experience, and the Spiritual Care Service goals. At SHC, CPE students remain on at least one clinical area for the entire year in order to deepen involvement with the interdisciplinary team. For this reason, there are a limited number of clinical placements and not everyone will receive their first choice. Every effort is made to ensure students receive exposure to the clinical areas of interest.
- **What is unique about CPE training at this center?**
 - SHC is truly an academic medical center, providing CPE residents and interns a host of learning opportunities including Grand Rounds, Visiting Lecturers, and Schwartz Rounds as part of the program.
 - The program is on the campus of Stanford University and affords residents access to dynamic educational and extra-curricular community life of the University and the University's Office of Religious Life.
 - CPE residents and interns work alongside staff chaplains and Spiritual Care Volunteers in the Spiritual Care Service.

- The learning environment emphasizes openness to learning and an appreciation and respect for diverse spiritual, religious and cultural views.
- CPE students receive extensive experience in bereavement care, working closely with families and hospital staff in death-and-dying situations at SHC. Participants often find that bereavement care is an intense learning experience.
- Chaplains are challenged to provide spiritual care through a listening presence to patients and families experiencing crisis in what may be perceived as the impersonal setting of a high-tech medical center.
- As chaplains assigned to specific clinical areas, CPE students provide staff support as another important component of the chaplain's role.

To Apply for CPE at Stanford:

Please complete and send a CPE application and a processing fee of \$30.00 (check payable to Stanford Hospital and Clinics) to:

Spiritual Care Service
Stanford Hospital and Clinics
300 Pasteur Dr., HG004
Stanford, CA 94305-5625
www.SpiritualCare.stanfordhealthcare.org

If you have further questions, please call Gretchen Hollingsworth at 650.723.5101 or send an email to SpiritualCare@stanfordhealthcare.org

To Apply to a Satellite Affiliate:

The Rev. Kido Ahn is an Associate Supervisor and provides supervision at Fresno affiliated satellites. For more information about CPE of Central Valley contact Kido Ahn at kidoahn@cpecentralca.org.

The Rev. Jurgen Schwing is a certified Supervisory Candidate and provides supervision at Kaiser Permanente Hospital in Walnut Creek, under the supervision of an ACPE Supervisor. For information on the Kaiser program contact Jurgen Schwing @ Jurgen.Schwing@kp.org

The Rev. Rod Seeger is a fully certified ACPE Supervisor and supervises at San Francisco Night Ministry. For more information about the San Francisco Night Ministry contact Rod Seeger at rodseeger@aol.com

The Rev. Beverly Hartz is a fully certified ACPE Supervisor and supervises at Saint Mary's Regional Medical Center in Reno, NV. For more information about Saint Mary's Medical Center contact WGreaver@primehealthcare.com.

Clinical Pastoral Education (CPE) at Stanford is accredited for CPE, Levels I and II, and supervisory education by the Association for Clinical Pastoral Education, Inc., One West Court Square, Suite 325, Decatur, GA 30033-4635 (p: 404/320-1472; web: www.acpe.edu).